# A day in the life of a programmer

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| 7:50 a.m. | He wakes up. After that, he brushes his teeth, washes his face, packs breakfast and puts on shoes. |
| 8:40 a.m. | He leaves a crib |
| 9:15 a.m. | He arrives to work |
| 9:25 a.m. | He checks his email and eats breakfast |
| 9:45 a.m. | He meets with his interns |
| 10:00 a.m. | He has a standup meeting |
| 10:15 a.m. | He starts the coding |
| 12:15 p.m. | He goes to lunch |
| 12:45 p.m. | He is coding again |
| 2 something o’clock | He stretches |
| 3:00 p.m. | He has a chocolate milk |
| 3:05 p.m. | He is going to write more code |
| ? p.m. | He plays with rubber ball |
| ? p.m. | He dances |
| 4:00 p.m. | He designs |
| 5:20 p.m. | He clocking out |
| 5:30 p.m. | He picks up a basketball |
| 8:00 p.m. | He arrives to his home |
| 8:15 p.m. | He has a dinner-snack and shower |
| 9:00 p.m. | He edits in a coffee shop |
| ? p.m. | He goes to sleep |